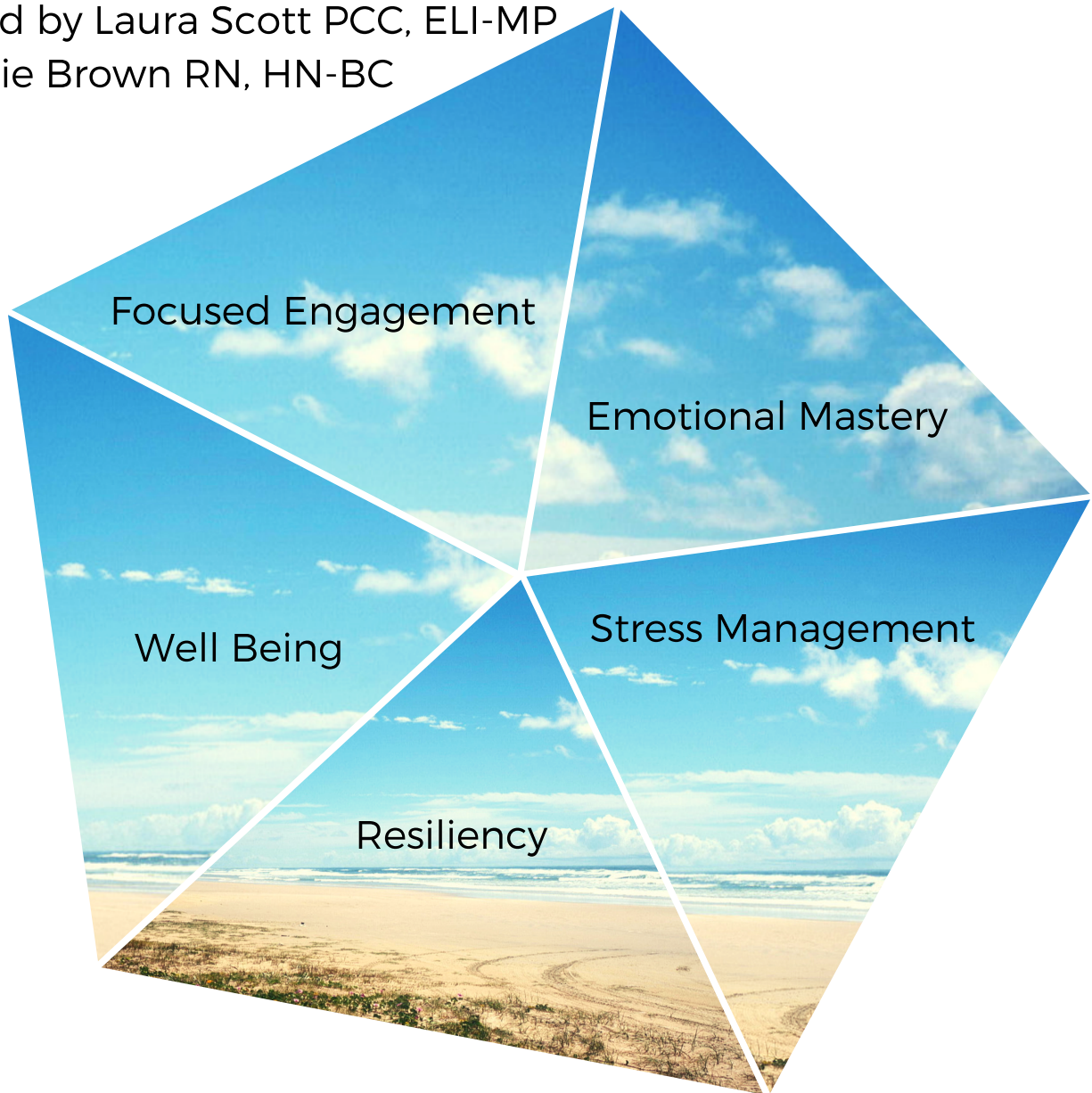


PAUSE II POWER

MINDFULNESS FOR RESILIENCY AND SELF MASTERY

SATURDAY APRIL 1, 2017 8:30 AM-3:30 PM
RIVER STRAND GOLF AND COUNTRY CLUB
7155 GRAND ESTUARY TRAIL, BRADENTON, FL 34212

Facilitated by Laura Scott PCC, ELI-MP
and Mickie Brown RN, HN-BC



Making the connection between your breath and your brain
for equanimity, self mastery, and well being.

ICF Member Price \$149.00/ Non-member \$160.00, Breakfast/Lunch included.
5.5 ICF CCEUS Available. Space is Limited, Register NOW!